

# How To Collect a Buccal Cell Sample



**PRODUCTS:** A variety of Puritan swabs are suitable for buccal cell sample collection including swabs in dry transport systems.

SUGGESTED PURITAN SWABS FOR BUCCAL SAMPLE COLLECTION	
Cotton	25-806 1WC
Foam	25-1805 1PF RND, 25-1506 1PF 100, 25-1605 1PF RECT
Flock	25-3206-H, 25-3306 H/U, 25-3406 H/U, 25-3706 H/U (pictured above)
Other	DNA Controlled Dry Transport Systems (FAB-SWAB) and Cap-Shure® devices.

## This collection guide is for:

DNA testing

#### IMPORTANT INFORMATION:

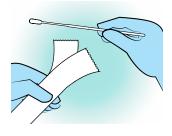
Avoid eating, drinking, and nicotine 30 minutes prior to collection.

#### STEP 1

Wearing gloves and other required PPE; remove the swab from the package.



Important: Hold the swab by the handle. Do not touch the swab above the breakpoint if there is a breakpoint indicator mark on handle. Apply gentle pressure to the outside of the cheek to assure good contact with the applicator tip.



### STEP 2

Insert the swab into the mouth and firmly rub up and down against the inside of the cheek 10 times.



#### STEP 3

Repeat step 2 on other side.



#### STEP 4

Remove swab from mouth being careful not to touch teeth, tongue or other surfaces.

#### STEP 5

After the collection allow to air dry before packaging for transport. Sample does not need to air dry if you are using a liquid processing system or an aerated transport tube device. Process immediately as per standard laboratory procedures.

This guide is for illustration purposes only. This information is not intended to be a substitute for professional, medical advice, diagnosis, or treatment. Please consult with a licensed medical professional and or the test manufacturer's product insert for specific specimen collection and transport instructions. For the most accurate and up-to-date testing and treatment guidelines, refer to the Centers for Disease Control and Prevention (CDC.gov) for more information



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